

SUMMER STUDY 2022

SHEILA WALSH

# HOLDING ON WHEN YOU WANT TO LET GO

A 9 week in-person  
or on-your-own Study.

Link to DVD's will be emailed weekly.

*Wednesdays, 6:30-8 p.m.  
Event Center*

*Whether you read it on  
your own or as part of a  
small group, this study  
will help you learn how to  
trust that God is the One  
who is writing your story.*

*See website for study details.*

*Shadow Mountain Women*

ShadowMountain.org/Women • 619-590-1733

Shadow Mountain Community Church  
and multi-site Venues

\*Childcare provided at El Cajon Campus  
2100 Greenfield Drive | El Cajon, CA 92019

*Sheila's Book is available in  
our bookstore or on amazon.*

# FIND YOUR STRENGTH IN AN UNCHANGING GOD!

## *Schedule*

*Week 1:* June 1

Connect and watch promo video

*Week 2:* June 8

Holding on When Life Feels Out of Control

*Week 3:* June 15

Holding on When You Feel Alone and God Is Silent

*Week 4:* June 22

Holding on When You're Afraid

*Week 5:* June 29

Holding on When You've Messed Up

*Week 6:* July 6 [No in-person due to Summer Blast  
Held by the Promises of God

*Week 7:* July 13 [No in-person due to Summer Blast]  
Held by the God Who Rescues

*Week 8:* July 20 [Recap of Week 7]  
Held by the God of Miracles Who Changes Everything

*Week 9:* July 27

Let Go! You Are Being Held. Celebration



REGISTER ONLINE AT,  
*Shadow Mountain Women*



SCAN CODE TO REGISTER