



SHADOW MOUNTAIN WOMEN

Greetings!

Welcome to our fifth week of summer Bible study.

Let's start by reading aloud Romans 8:38-39 and thank God for His work in your life.

"For I am convinced that neither death nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord."

How wonderful to know that *"faith comes from hearing and hearing by the word of God."*

WEEK 5 – Schedule:

1. Watch Video – *Holding On When You've messed up* – [link here](#)
2. Group Discussion – Session Four, pages 43-53 of the homework in your Study Guide.

For next week:

1. Study Guide – Session Five: *Held By The Promises of God*. Read pages 55-66, and answer the questions provided.
2. Meditate on the following Truths throughout the week.
 - **TRUTH #1** – *You did not deserve what happened to you. It was not your fault.*
Read: John 10:10
 - **TRUTH #2** – *God will never fail you or abandon you.*
Read: Hebrews 13:5b
 - **TRUTH #3** – *God's promises are 100 percent trustworthy – 100 percent of the time.*
Read: John 16:33; Isaiah 40:28-31

Sheila reminds us: *"God wants our whole self, our 100 percent this-is-who-I-am self. Good, bad, messy, and ugly."*

How wonderful to be connected to God, His Word, and women who will help us grow!

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